



Zen, Singing and Acting 2025

The summer course *Zen, Singing, and Acting* will take place from June 28 to July 5, 2025. The Saturdays are reserved for travel, with the course starting on Sunday and concluding on Friday. The location is L'Huy Préau in France (Morvan).

The teachers are Margreet Honig (vocal coaching), Marc Brookhuis (Zen) and Elsina Jansen (acting / drama), and Jorian van Nee (pianist).

Zen, Singing, and Acting is intended for young professional classical singers and students Master years 1 and 2, and Bachelor years 3 and 4.

The course fee is € 700 (incl.21% VAT).

Since 2024, the organization has been required to charge 21% VAT to all participants (not just those from the Netherlands). If you are registered as self-employed, you can likely reclaim this VAT amount from the tax authorities. If you are still studying, you may be eligible to claim professional or study-related expenses, including VAT, as a tax deduction through your income tax return..

You will need to arrange and pay for your accommodation at Préau (including food, room/tent) separately. The estimated total cost is approximately €1250.

For more information on accommodation options and costs, visit www.preau.nl

Course Language: English.

If you wish to apply, please send us your c.v. and two audio links or mp-3 files.

You can send your application before April 1st 2025 to:

masterclasses@margreethonigfoundation.com

Content

In this summer course Zen, Singing and Acting are treated as three equals. Where Zen invites the participants to go on an inside journey, singing and acting are the expressive elements. In the strict rituals of the Japanese Zen, the focus is meditation. At the same time, Zen encourages you to show your own true color.

In singing, the same challenges arise. Singers must perform within the constraints of vocal technique while still expressing their unique sound. They also need to prepare for that critical "moment of performance," such as an audition or a concert. Perfectionism, high expectations, and insecurity are common struggles among singers.

Acting is the opposing color in this workshop and puts things into perspective. Like Zen masters putting their sandals on their head or sticking out their tongues to the students, Acting - improvisation and humor - can help dealing with the pressure and prove a necessary balance. In this part of the workshop, we will focus on physical awareness, improvisation, staging scenes, and audition training.

The *Zen, Singing, and Acting* course began in 2009 at L'Huy Préau. Since then, approximately 150 singers have participated in this program.

Participant testimonials:

- *"A transformative course!"*
- *"Well-organized, with good facilities and excellent course content."*
- *"The connection between the three aspects of the course was truly fascinating, and I will carry that into my future career."*
- *"I experienced the summer course as an incredibly enriching week. The combination of singing, Zen, and acting worked even better than I had anticipated. This course stands out from others by truly focusing on the personal growth of each individual, without imposing a universal method or approach."*
- *"I loved: the warm atmosphere, the teachers' collaborative spirit, discovering Zen meditation, the singing lessons with Margreet, and the amazing food!"*

If you want to stay updated about this course or our other summer courses / activities, please follow us on social media:

<https://www.facebook.com/margreethonig>

<https://www.instagram.com/margreethonigfoundation>

Team



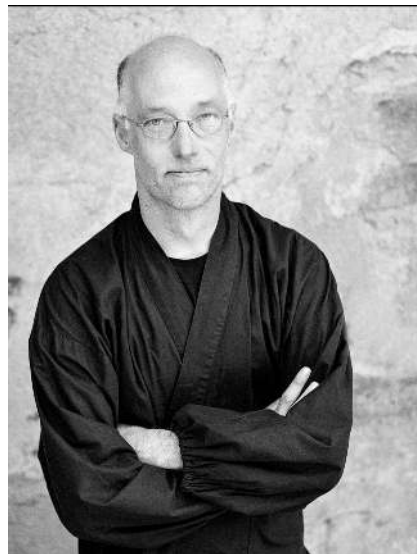
Margreet Honig



Jorian van Nee



Elsina Jansen



Marc Brookhuis

Margreet Honig - Voice (individual lessons)
Elsina Jansen - Acting / Drama (grouplessons)
Marc Brookhuis - Zen (grouplessons)
Jorian van Nee - Pianist / Repetiteur

Financial support

We often receive questions about the possibility of financial support for this summer course. Unfortunately, we are unable to offer financial assistance directly. We encourage participants to explore funding opportunities on their own.

To help you get started, here are some organizations in the Netherlands (likely most relevant for singers residing there) that may provide financial support:

- **Cultuurfonds:** www.cultuurfonds.nl
- **Werktuig PPO:** www.werktuigppo.nl
- **Staetshuysfonds:** staetshuysfonds.org

This summer course is organized by the Margreet Honig Foundation



MARGREET HONIG
F O U N D A T I O N